

The Governor's office sent the following information to all care facilities:

This is a frank assessment of COVID-19 in our state:

- Oregon reported more cases in the past week than we did in the entire month of May.
- The last time we had fewer than 100 cases in a single day was more than a month ago.
- Half of all cases are from people under the age of 40 and one-third of all cases are from people under the age of 30.
- People in their 20s and 30s are the group most likely to get sick with COVID-19 in Oregon.

Governor Kate Brown, OHA Director Pat Allen and State Health Officer Dr. Dean Sidelinger attended a news conference today to sound the alarm about these facts and discuss further steps we can take to stop the spread of COVID-19.

Gov. Brown announced two new statewide rules:

The first is a statewide ban on indoor social get-togethers of more than 10 people. This includes gatherings such as dinner parties, birthday parties, potlucks and book clubs taking place indoors. It does not affect restaurants, churches, event venues and other organizations at this time. Businesses and other organizations that have been following the guidance about face coverings, distancing and sanitation have not currently been identified as sources of significant transmission.

The second new rule is that face coverings are mandated in outdoor spaces where distance of 6 feet or more from people outside your household cannot be maintained. This might come up at a crowded trailhead, on sidewalks while awaiting entry to a business or at an outdoor event.

This virus is extremely contagious, and many people don't show symptoms for days. In that time, you can interact with dozens or, if you're not careful, hundreds of other people in your social circle and community.

That's why the three W's continue to be so important:

- **Wear** a face covering.
- **Watch** your distance.
- **Wash** your hands.

In addition to the new measures announced today, Dr. Sidelinger reiterated other actions we can all take to slow the spread of COVID-19.

- If you can move activities outside, do so. The disease spreads less easily outdoors, and you can enjoy more of the Oregon summer.
- If you run a business and can serve customers outside – do it.
- Avoid groups of more than 10. And if you're unexpectedly in a group of 10 or more, think hard about whether that's a good choice, stay outside, keep 6 feet apart, and cover your face.

Following the above guidelines to protect our residents and staff, we have implemented the following visitation policy for Nehalem Valley Care Center:

Dear Family and Residents of Nehalem Valley Care Center

I wanted to give you an update on Oregon's COVID-19 re-opening plans. We currently are still in Phase II and have stalled a bit because of an uptick in COVID-19 cases recently.

In conjunction with the State of Oregon, NVCC has implemented a new visitation policy as follows:

OUTSIDE VISITATION POLICY AND PROCEDURE

Updated July 14, 2020

1. Visitation will occur by appointment only and will be limited to **one family per area**.
2. All visitors must be screened for symptoms; Any visitors with symptoms of COVID-19 infection (subjective or objective fever equal to or greater than 100.4 F or as further restricted by facility policy, chills, cough, shortness of breath or difficulty breathing, sore throat, fatigue, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea) will not be permitted to visit with a resident.
3. All visitors must practice hand hygiene (including alcohol-based hand rub) prior to their visit with the resident;
4. **Both the visitor and the residents must wear a mask or cloth face covering** for the duration of the visit; Residents may have exceptions due to underlying medical conditions.
5. Safe spaces will be marked and will be 6 feet apart
6. A visitor log with contact information, for the purpose of contact tracing should the need arise, must be maintained by facility staff; This can be in conjunction with the screening log.
7. NVCC will place visual reminders of required safety precautions and both the resident and the visitors should be reminded of best practices; **An inability to honor these requirements could negatively impact the ability to schedule future visits for the non-compliant guest.**
8. The number of visitors that may visit a resident at any given time will be two per resident per each appointment. Minor children must be in the control of adults who bring them and must also comply with physical distancing requirements.
9. The designated visiting areas will be:
  - a. the front of the building in the loading/unloading area without blocking that traffic.
  - b. The garden area outside the nurse's station between West Hall and the Administrator's office.
10. Resident transfer to and from the visitation area must be provided by facility staff, not resident visitors;
11. All visiting stations are cleaned and disinfected between visitor sessions;
12. Food is not permitted during the visits. Visitors may bring their own water which cannot be shared with the resident.
13. If a resident is being observed due to presence of COVID-19 symptoms, visits will be delayed until a later date though this does not mean the resident is not able to leave the facility should they choose to do so.
14. If anyone has been actively recovering from confirmed or suspected COVID-19, they will be not be allowed to visit until: At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and, At least 10 days have passed since symptoms first appeared.
15. If a resident has been actively recovering from COVID-19, visits can be allowed once the resident has met CDC criteria for recovery.
16. **Any time we are under Executive Order due to pending testing or confirmed COVID-19, visitation will not be allowed.**

Kindest Regards



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